

WHAT IS HOSPICE CARE?

The Shuswap Hospice & Palliative Care Resource Centre provides a variety of programs and services to families throughout the Shuswap region. We are here to meet the needs of those suffering and we offer support to individuals in their homes, or in hospital and care facilities.

All of our services are free of charge.

We provide thoughtful care to those suffering with terminal illnesses, and those living with life-limiting illness. We offer compassion and understanding to families, and help with bereavement following the death of a loved one.

SHUSWAP HOSPICE SOCIETY

- We provide trained volunteers for visitation of patients with life-limiting illness, either in home, hospital or in care facilities in partnership with a team of health professionals.
- We support the rights of all persons to receive consistent physical, emotional and spiritual assistance to maintain individuality and dignity while facing life-limiting illness and bereavement.
- We offer continuing bereavement grief support through one-on-one or group support.
- We are integral members of the Shuswap end-of-life palliative care team.
- We are members of the British Columbia and Canadian Hospice Palliative Care Associations and the British Columbia Bereavement Helpline.

The Shuswap Hospice Society supports those who are struggling to cope with death and the associated emotional realities of that process. We provide grief and bereavement support to the families and friends of those whose loved ones have died. Referrals can be made by anyone.

All of our services are free of charge.

FUNDING

To help supplement our programs, we received partial funding from the Interior Health Authority. We are a non-profit, volunteer organization that depends on donations and support from:

- In-Memory Gifts
- Memberships
- Service Organizations
- Bequests
- Donations
- Fundraising

YOU CAN HELP!

- Become a Member
- Become a Volunteer
- Make a Donation
- Leave a Bequest

Please make your cheque payable to
Shuswap Hospice Society or go online to donate at
www.shuswaphospice.ca



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www.shuswaphospice.ca



SHUSWAP
HOSPICE
SOCIETY

WHAT IS HOSPICE?

We provide community based, compassionate care services free of charge to those struggling to cope with life limiting illnesses, bereavement and the associated emotional realities of losing a loved one.

**YOU ARE NOT ALONE.
WE CARE AND
ARE HERE TO HELP!**

www.shuswaphospice.ca

HOSPICE CARE IN THE SHUSWAP

What is hospice care and how can it help you and your family? While the Shuswap region does not have a Hospice House, our trained volunteers provide social, emotional, spiritual and respite support where needed in the community.

Hospice is patient centered care where individuality, dignity and quality of life are honoured. These services are provided in the home, in hospital, in care facilities and at our Resource Centre. Hospice is not medical care, it is emotional care.

Hospice provides thoughtful care to the terminally ill as well as those living with life-limiting illness. Hospice offers compassion and understanding to the many families affected, along with help with bereavement following the death of a loved one.

Shuswap Hospice works in partnership with many of the Health Care providers in our community. As a community support team, our goal is to ensure quality care, living life well and family wellness. Hospice is a safe place to express your fears and concerns and to be heard and validated. We are firmly committed to bringing kindness, empathy, respect and sincere concern to the people we help. We are passionate about our goal!

To learn more about Shuswap Hospice Society and the services available, please email, or call us at 250.832.7099 or visit www.shuswaphospice.ca

HOSPICE PALLIATIVE CARE ELEMENTS

COMPASSION - No one has to face the last stages of life alone. Hospice palliative care provides compassionate care and understanding to clients and families in their home, or in hospital and care facilities. Trained Hospice Volunteers offer compassionate physical, emotional and spiritual care.

DIGNITY - We never stop being human through the last stages of life. We never stop experiencing the full range of human emotions. Hospice palliative care is about dignity and respect. It is about quality of life at the end of life.

CHOICE - We have the right to choose. We have the right to select our own care setting and treatment. Hospice palliative care is part of the team of specialized caregivers who help to make choices that are the most suitable for clients and their families.

COMFORT - We all deserve to live free of pain and with the comfort of human touch. Hospice palliative care is concerned with providing both physical and emotional comfort.

LIFE - is living until the last breath. To live is to experience the whole range of human emotions, intimacy, insight, actions, impulses and decisions. It is to address these experiences in our own chosen way.

SUPPORT - These are times when we need emotional strength and practical support. Hospice palliative care meets the physical, emotional and spiritual needs of the client and their loved ones. It is individualized care that stresses living fully until the very end-of-life with dignity and comfort, surrounded by a circle of support and love.

OTHER PROGRAMS & SERVICES

ADVANCE CARE PLANNING

By planning ahead, you have a voice in your future health care decisions and will be sure your wishes are respected.

LIVING WELL DAY PROGRAM

Valuable information and services to assist those managing a life limiting and chronic illness to enhance everyday living. Weekly sessions providing education, coping tools and companionship towards reducing stress during a confusing time.

HEALING TOUCH

Assorted sessions for relaxation therapy involving light touch in aid of energy flow in the body. These sessions are offered by both trained and professional volunteers.

PUBLIC AWARENESS AND EDUCATION

Public awareness is provided through workshops, seminars, training courses and media releases.

CELEBRATE A LIFE

Annual remembrance event which provides an opportunity for individuals to take a moment to pause and remember a loved one.

LIBRARY SERVICES

Loans of books and videos on end-of-life issues, bereavement and caregiving. Free information pamphlets.

VOLUNTEER TRAINING PROGRAM

Training sessions are held following the British Columbia Hospice Palliative Care Association's training guidelines.

Everyone HAS THE
RIGHT TO LIVE TO THE END OF
THEIR LIFE JOURNEY WITH
Dignity &
COMPASSION.

