

ABOUT HOSPICE:

Hospice is patient-centered palliative care which aims to make the last months of life as comfortable and peaceful as possible for patients and their caregivers. Hospice strives to improve quality of life at the end of life, not only for patients, but also for their family and friends. The patient, family and volunteer caregivers are considered an integral unit. Hospice is not a place - it's a concept. The focus is on caring, not curing; on life, not death. Quality of life, family wellness, community involvement and personal dignity are all part of the compassionate and progressive vision of Hospice.

AT THE SHUSWAP HOSPICE SOCIETY:

◆ We provide trained volunteers for the visitation of patients with life-limiting illness, either in their home, in the hospital or in facilities and in partnership with a team of health professionals.

◆ We support the rights of all persons to receive consistent physical, emotional and spiritual assistance to maintain individuality and dignity while facing life-limiting illness and bereavement.

◆ We offer continuing bereavement grief support through one on one or group sessions.

◆ We are integral members of the end-of-life palliative care team in the Shuswap.

◆ We are members of the British Columbia and Canadian Hospice Palliative Care Associations (BCHPCA, CPHPCA) and the British Columbia Bereavement Helpline (BCBH).



The Shuswap Hospice Society supports those who are struggling to cope with death and the associated emotional realities of that process.

The Society provides grief and bereavement support to the families and friends of those whose loved ones have died.

FUNDING

To help supplement partial funding from IHA

We are a non profit, volunteer organization that depends on donations and support from:

- > In-Memory Gifts
- > Memberships
- > Service Organizations
- > Bequests
- > Your Donations
- > Fundraising

YOU CAN HELP

- > Become a Member
- > Become a Volunteer
- > Make a Donation
- > Leave a Bequest

Please make your cheque payable to Shuswap Hospice Society or go online to donate at www.shuswaphospice.ca

ACCESS

Our Services are provided **free** to anyone who needs them. Referrals can be made by anyone, for yourself or anyone you know.

We want you to know:

That you are **not alone**,
That we **care**,
That we are here to **help**,
Please **CALL**
250.832.7099



**YOU
ARE NOT
ALONE**

*Providing Compassionate
Care Services to the
Shuswap Since 1986*

Shuswap Hospice Society

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Salmon Arm, BC V1E 4P1

250.832.7099

admin@shuswaphospice.ca

www.shuswaphospice.ca



**Every life comes to an end,
yet it requires great
courage to know that the
end of your life's journey
may be near.**

You may feel shock, numbness,
disbelief, panic, helplessness,
or hopelessness when you
are first diagnosed with a
life-limiting illness.

You may
feel angry or
frightened,
anxious or guilty
or terribly sad.

You may feel all of these
things - your mind
rushing along a
roller coaster of emotions -
or you may feel none of
them.

**This is all
Normal !!**

Hospice care can be provided at
home, in hospital, in facilities or
wherever you are.

**There is a network of caring
compassionate hospice volunteers to
support you through this journey.**

YOU DESERVE ...

- ◆ to be a full partner in your care.
- ◆ to live free of pain.
- ◆ to have your decisions and choices respected and followed.
- ◆ to retain your individuality and not be judged for your decisions.
- ◆ to be treated with openness and honesty.
- ◆ to be cared for by compassionate, sensitive and knowledgeable people who will attempt to understand your needs and work hard to meet them.
- ◆ to live and die in peace and dignity.

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Our Volunteers:

- ◆ are men and women of this community who provide emotional support to clients in homes, hospital, or long term care facilities.
- ◆ are carefully screened and trained to provide services tailored to individual needs.
- ◆ are special people who are able to support others in a knowledgeable, confidential and compassionate manner.

As part of our compassionate care end-of-life program, **volunteers** can:

- ◆ listen without judgment and help reduce fear and anxiety.
- ◆ provide a safe place to talk about "what matters", life's journey, and to reminisce.
- ◆ provide emotional support to the ill, the bereaved and to caregivers.
- ◆ offer practical assistance. e.g. reading, writing letters, running errands, outings, etc.
- ◆ offer companionship\ provide helpful information related to end-of-life, care giving and bereavement.
- ◆ act as an advocate to ensure the client's needs are met.
- ◆ sit vigil at the bedside of a loved one at the end of life.
- ◆ offer respite for family caregivers

And more...