

ABOUT HOSPICE:

Hospice is patient-centered palliative care which aims to make the last months of life as comfortable and peaceful as possible for patients and their caregivers. Hospice strives to improve quality of life at the end of life, not only for patients, but also for their family and friends. The patient, family and volunteer caregivers are considered an integral unit. Hospice is not a place - it's a concept. The focus is on caring, not curing; on life, not death. Quality of life, family wellness, community involvement and personal dignity are all part of the compassionate and progressive vision of Hospice.

AT THE SHUSWAP HOSPICE SOCIETY:

- ◆ We provide trained volunteers for the visitation of patients with life-limiting illness, either in their home, in the hospital or in facilities and in partnership with a team of health professionals.
- ◆ We support the rights of all persons to receive consistent physical, emotional and spiritual assistance to maintain individuality and dignity while facing life-limiting illness and bereavement.
- ◆ We offer continuing bereavement grief support through one on one or group sessions.
- ◆ We are integral Members of the end-of-life palliative care team in the Shuswap.
- ◆ We are members of the British Columbia and Canadian Hospice Palliative Care Associations (BCHPCA, CPHPCA) and the British Columbia Bereavement Helpline (BCBH).



The Shuswap Hospice Society supports those who are struggling to cope with death and the associated emotional realities of that process.

The Society provides grief and bereavement support to the families and friends of those whose loved ones have died.

FUNDING

To help supplement partial funding from IHA

We are a non profit, volunteer organization that depends on donations and support from:

- > In-Memory Gifts
- > Memberships
- > Service Organizations
- > Bequests
- > Your Donations
- > Fundraising

YOU CAN HELP

- > Become a Member
- > Become a Volunteer
- > Make a Donation
- > Leave a Bequest

Please make your cheque payable to Shuswap Hospice Society or go online to donate at www.shuswaphospice.ca

ACCESS

Our Services are provided **free** to anyone who needs them. Referrals can be made by anyone, for yourself or anyone you know.

We want you to know:

That you are **not alone**,
That we **care**,
That we are here to **help**,
Please **CALL**
250.832.7099



WHAT IS HOSPICE CARE ?

Providing Compassionate Care Services to the Shuswap Since 1986

Shuswap Hospice Society

PO Box 967,
#209 - 231 Trans Canada Highway
Salmon Arm, BC V1E 4P1

250.832.7099

admin@shuswaphospice.ca

www.shuswaphospice.ca



WHAT IS HOSPICE CARE?

Hospice Care is patient-centered palliative care that aims to relieve suffering and improve the quality of living and dying for those faced with progressive life-limiting illness and bereavement.

Care may be combined with therapies aimed at reducing or curing the illness or it may be the total focus of care.

HOSPICE PALLIATIVE CARE STRIVES TO:

- ◆ Address people's physical, emotional, psychological, social, spiritual and practical issues at the end-of-life, and their associated expectations, needs, hopes and fears.
- ◆ Prepare people for the dying process and bereavement, and help them manage life closure.
- ◆ Help people cope with loss and grief. This care may be offered at home or in hospital, palliative care units, residential facilities and free standing hospices.

In Canada, we often use hospice and palliative care to describe the same thing. However, palliative care describes end-of-life medical care and hospice care refers to end-of-life emotional care. Both of these can be provided in hospital, home or care facilities.

**The Shuswap Hospice Society
supports those who are struggling
to cope with death and the associated
emotional realities of
that process.**

What is Hospice?

*Hospice is less about dying and
more about life,*

It's living life fully amid chaos and strife.

*It's compassion and caring by a palliative team,
It's practical help when you're apart at the seams.*

*It's someone to lean on when feeling unsure,
When making decisions to "comfort or cure".*

*It's relieving the physical and emotional pain,
Of the patient and family,
Number one part of the team.*

*It's support when you are, either hospital or home,
It's accompanying your journey
so you won't die alone.*

*It's planning the journey, tying up the "loose ends",
Expressing forgiveness, a broken heart mends.*

*It's hearing your story, reviewing your past,
And finding life's meaning: a spiritual task.*

*It's soothing your fears as we listen with care,
It's giving you hope by just "being there"*

Sally Hodgson 1999

HOSPICE PALLIATIVE CARE COMPONENTS

Compassion

No one has to face the last stages of life alone. To touch someone with love and compassion. Hospice palliative care provides compassionate care and understanding to clients and families in the home, hospital or hospice facility. Trained Hospice Volunteers offer compassionate physical, emotional and spiritual care in the home, the hospital or other health care settings.

Dignity

We never stop being human through the last stages of life. We never stop experiencing the full range of human emotions. Hospice palliative care is about dignity and respect. It is about quality of life at the end of life.

Choice

We all have the right to choose. We have the right to select our own care setting and treatment. Hospice palliative care can be part of the team of specialized caregivers who help to make choices that are the most suitable for clients and their families.

Comfort

We all deserve to live free of pain and with the comfort of human touch. Hospice palliative care is concerned with providing both physical and emotional comfort.

Life

Life is living until the last breath. To live is to experience the whole range of human emotions, intimacy, insight, actions, impulses and decisions. It is to address these experiences in our own chosen way. This is how hospice palliative care believes life should be lived into the last stages.

Support

These are times when we need emotional strength and practical support. Hospice palliative care meets the physical, emotional and spiritual needs of the client and their loved ones. It is individualized care that stresses living fully until the very end of life with dignity and in comfort, surrounded by a circle of support and love.

