

ABOUT HOSPICE:

Hospice is patient-centered palliative care which aims to make the last months of life as comfortable and peaceful as possible for patients and their caregivers. Hospice strives to improve quality of life at the end of life, not only for patients, but also for their family and friends. The patient, family and volunteer caregivers are considered an integral unit. Hospice is not a place - it's a concept. The focus is on caring, not curing; on life, not death. Quality of life, family wellness, community involvement and personal dignity are all part of the compassionate and progressive vision of Hospice.

AT THE SHUSWAP HOSPICE SOCIETY:

◆ We provide trained volunteers for the visitation of patients with life-limiting illness, either in their home, in the hospital or in facilities and in partnership with a team of health professionals.

◆ We support the rights of all persons to receive consistent physical, emotional and spiritual assistance to maintain individuality and dignity while facing life-limiting illness and bereavement.

◆ We offer continuing bereavement grief support through one on one or group sessions.

◆ We are integral members of the end-of-life palliative care team in the Shuswap.

◆ We are members of the British Columbia and Canadian Hospice Palliative Care Associations (BCHPCA, CPHPCA) and the British Columbia Bereavement Helpline (BCBH).



The Shuswap Hospice Society supports those who are struggling to cope with death and the associated emotional realities of that process.

The Society provides grief and bereavement support to the families and friends of those whose loved ones have died.

FUNDING

To help supplement partial funding from IHA

We are a non profit, volunteer organization that depends on donations and support from:

- > In-Memory Gifts
- > Memberships
- > Service Organizations
- > Bequests
- > Your Donations
- > Fundraising

YOU CAN HELP

- > Become a Member
- > Become a Volunteer
- > Make a Donation
- > Leave a Bequest

Please make your cheque payable to Shuswap Hospice Society or go online to donate at www.shuswaphospice.ca

ACCESS

Our Services are provided **free** to anyone who needs them. Referrals can be made by anyone, for yourself or anyone you know.

We want you to know:

That you are **not alone**,
That we **care**,
That we are here to **help**,
Please **CALL**
250.832.7099



Compassionate Care
FOR THE DYING AND THE BEREAVED



PROGRAMS AND SERVICES

*Providing Compassionate
Care Services to the
Shuswap Since 1986*

Shuswap Hospice Society

PO Box 967,
#209 - 231 Trans Canada Highway
Salmon Arm, BC V1E 4P1

250.832.7099

admin@shuswaphospice.ca

www.shuswaphospice.ca



GRIEF AND BEREAVEMENT SUPPORT

ONE ON ONE BEREAVEMENT SUPPORT

Clients meet one on one with a grief support person to receive support and guidance in developing coping skills to handle their grief and in time learn to live as fully as possible without their loved one.

PALLIATIVE SUPPORT GROUP

Support provided to those requiring palliative care thus helping to alleviate the emotional burden of a life limiting illness.

PARENTS BEREAVEMENT SUPPORT GROUP

Provides an opportunity for parents whose child(ren) have died to meet and offer support to one another and receive support from hospice.

MEN'S SUPPORT GROUP

Provides an opportunity for men to gather for support.

YOUNG WIDOWS – SUPPORT GROUP

A support program for young widows to participate, share and learn from others who are facing similar losses while raising a family.

PRE-CHRISTMAS HOLIDAY SUPPORT

Support for those whose loved ones have died and are seeking support during the Christmas season.

CARE FOR THE CAREGIVERS

Guidance and support to assist caregivers to cope with the stress and demands of providing support to their loved one at the end of his/her life.

SUDDEN OR TRAUMATIC DEATH SUPPORT

Individual or group grief support sessions for those whose loved ones died a sudden or traumatic death.

www.shuswaphospice.ca

**Our Support Groups,
Programs, and Services are
constantly changing to
reflect the needs of the
community.**

Please CALL 250.832.7099

COMPASSIONATE CARE

Respite and compassion provided by **trained volunteers** to people living with a life-limiting illness in the hospital, home or any facility chosen by the client. As part of our compassionate care end-of-life program, **volunteers** can:

- ◆ listen without judgment and help reduce fear and anxiety.
- ◆ provide a safe place to talk about “what matters”, life’s journey, and to reminisce.
- ◆ provide emotional support to the ill, the bereaved and to caregivers.
- ◆ offer practical assistance. e.g. reading, writing letters, running errands, outings, etc.
- ◆ offer companionship\ provide helpful information related to end-of-life, care giving and bereavement.
- ◆ act as an advocate to ensure the client’s needs are met.
- ◆ sit vigil at the bedside of a loved one at the end of life.
- ◆ offer respite for family caregivers.

And more ...



OTHER PROGRAMS AND SERVICES

PUBLIC AWARENESS AND EDUCATION

Public awareness is provided through workshops, seminars, training courses and media releases.

CELEBRATE A LIFE

Annual remembrance event which provides an opportunity for individuals to take a moment to pause and remember a loved one.

ANNUAL HIKE FOR HOSPICE

A unique national event across Canada that brings together people working together in hospice palliative care to raise funds and awareness.

LIBRARY SERVICES

Loans of books and videos on end of life issues, bereavement and care giving. Free information pamphlets available.

VOLUNTEER TRAINING PROGRAM

Held twice a year following the British Columbia Hospice Palliative Care Associations Volunteer Training Guidelines.

*Everyone has the right to
live to the end of their life’s
journey with dignity
and compassion.*