

ANNUAL REPORT



Board Members

Fred Duck	President
Sue McCrae	Vice-President and Treasurer
Norm Embree	A/ Past President
Dr. James Levins	Director
James Murray	Director
Ginny Cox	Director
Claire Scott	Director
Dr. Adele Preto	Director

Administrator: Renée Lapierre
Program Coordinator: Judy Evans

Counsellor: Ian Johnson
Bookkeeper: Heidi deWit

*Our Mission:
Compassionate care for the dying
and bereaved.*

*Our Vision:
The circle of life and death is
celebrated.*



Brief History of the Shuswap Hospice Society

The Shuswap and District Hospice Society was incorporated on March 17, 1986. We are now going into our 24th year of operation. In 1990, the Society changed its name to Shuswap Hospice Society, dropping the words "and District". In 1987, the Society had its first paid staff: an executive director, bookkeeper, and two volunteer coordinators. In 1990, it received its first Ministry of Health grant, which allowed it to retain two 30-hour per week staff members, an executive director and a program coordinator. Today it is a strong, volunteer-based community organization.

What we offer:

- ✓ Compassionate care for the terminally ill
- ✓ Facility scheduled visits
- ✓ One on one grief services
- ✓ Grief counselling
- ✓ Palliative support
- ✓ New Beginnings for Widows and Widowers
- ✓ Parents' Bereavement Support Group
- ✓ Young Widows' Support Group
- ✓ Men's Support Group
- ✓ Holiday Support
- ✓ Care for Caregivers
- ✓ Rainbow Remembrance
- ✓ Celebrate a Life
- ✓ Volunteer Training
- ✓ Library

Compassionate Care for the Dying and the Bereaved

Box 967 Salmon Arm, BC #209, 231 TCHwy NE (250) 832-7099 www.shuswaphospice.ca

President's Report

By Fred Duck

We have much to celebrate after working our way through a year of change. We welcome our new Administrator Renee Lapierre, and the new energy she brings to us, and we are thankful for the efforts of Judy Evans who worked so diligently to keep things running smoothly during the period of change prior to Renee's arrival.

Your Board of Directors has worked well as a team during the past year and all of us appreciate the work done by our volunteers to help our clients in and through difficult times. We exist to help those in our community whose lives are touched by the nearness of the end of life and we appreciate the opportunity to be part of their lives, to be able to help when help is needed.

My personal thanks to all those, in the society and in the community, who work with us as we look forward to sharing the work of Hospice, with each other, and with those we can help on their journey

Hospice House Committee Report

By Dr James Levins

The Hospice House Committee was formed in 2008 to promote the provision of a comprehensive palliative care service for individuals with a

terminal illness and their families. Our initial goals were to research the feasibility of creating an independent Hospice House facility with associated educational and outreach components in Salmon Arm.

The Hospice House Committee is currently not meeting regularly pending the completion of the visioning and strategic planning process that the Board of the Shuswap Hospice Society will be completing this year.

If the Hospice House becomes an agreed upon goal of the organization, then this committee will begin meeting again at that time to pursue its goals.

Administrator's Report

By Renée Lapierre

2008 was a year of transition and organizational "maturing" for the Shuswap Hospice Society. Every organization evolves, and in its 23rd year, the Society regrouped.

In September 2008, I was hired as Administrator and began my tasks on October 6, 2008. Besides day to day administration, my tasks include participating with the Board in strategic planning, fund development, and, importantly, strengthening Hospice's relationships within the community.

Thank you to all who are helping to build a strong hospice organization. I am very much looking forward to the road ahead!

Renee

Program Coordinator's Report

By Judy Evans

The following is a summary report relating to the various roles and responsibilities of the Program Coordinator and the events of 2008.

Bereavement Support Groups: We ran three general support groups during the months of February, April, and November. The participant count for those 6 week sessions averaged four per group. They proved to be of great benefit to those involved. Following the group, some returned for a few one-on-one sessions with the grief support person and then expressed that they felt they could manage on their own. The 'door' is always open if they feel a need to talk at any time.

Volunteer Training: Training took place in Nakusp and Revelstoke in February 2008.

Workshops Attended: The BCHPCA Annual Conference was held in Surrey May 21 – 24 and was attended by Judy Evans (Staff) and John Maxwell (Volunteer). John applied for a Bursary and was accepted. This meant his course fee was covered by the BCHPCA. John was very excited about the opportunities for networking and the immense value acquired from attending the workshops. He expressed a lot of gratitude for having been given the opportunity to participate.

Judy attended two other workshops in 2008. One in Castlegar, the speaker was Dr. Alan Wolfelt, a great speaker on the subject of Grief. He has been booked to return to Castlegar in 2010. If you have not been to hear him I highly recommend you keep it in mind and do your best to be there. The other incredible workshop was by Stephen Jenkinson in Penticton in September. Part of his tour included a viewing of his DVD 'Griefwalker', produced by his friend Tim Wilson. Again a fabulous workshop, very thought provoking. Stephen is going to be on tour again this Spring (April or May). Dates TBA.

Workshop Offered: April 26, 2008 the Hospice Society held a public one day Care for the Caregiver workshop at the Holiday Inn Express in Salmon Arm. There were a number of presenters from Chi Gung to Laughter Yoga. The participant level was smaller than hoped for but the success level was high. This may be something to consider offering annually.

Grief Counselling: Ian Johnson has been providing grief counseling on a fee for service basis since January 2008 to assist clients with more complex grief issues. Clients are referred to Ian by the grief support person.

Celebrate A Life: December 2008 represented our 17th year this event has been offered to the community. As always it was very successful.

This is a Remembrance ritual for those who have had a loved one or pet die and is attended repeatedly by many.

Volunteer/Client Statistics:

The total number of volunteer hours for 2008 was 2335, which is an increase of 222 hours over 2007. The direct client hours were 1126.5, an increase of 279. The non-client (indirect) hours totaled 1208.5, a decrease of 57.25. The intake of Palliative clients rose by 50 for a total of 110. Grief client intake (number of referrals received) at 61, was greater by 3.

The intent for 2009 is to bring those numbers up by a minimum of 5% over those of 2008.

Ways you can help Hospice:

- **become a member**
- **donate**
- **volunteer**

Membership in Shuswap Hospice Society allows you or your organization to:

- ✓ Participate in electing your Board Members;
- ✓ Assist in developing policies and position statements;
- ✓ Attend the Annual General Meeting;
- ✓ Vote at the Annual General Meeting;
- ✓ Add your voice to the Vision and beliefs of Shuswap Hospice Society;
- ✓ Receive our quarterly newsletter;
- ✓ Receive notification of upcoming events

Your membership helps Shuswap Hospice Society:

- Support the ongoing development of Hospice Palliative Care in the Shuswap;
- Make more people aware of our programs and services;
- Solicit special grants from other organizations and corporations by letting them know we are a viable, volunteer organization.

Thank You, Shuswap Hospice Society

MEMBERSHIP FORM:



Name _____

Address _____

City/Town _____

Province: _____

Postal code _____

Telephone: _____

E-mail: *** _____

Membership: \$ 10.00

Donation: \$ _____

(a tax receipt will be issued)

TOTAL \$ _____

**Return to: Shuswap Hospice Society
 Box 967
 Salmon Arm, BC V1E 4P1**

***Your E-mail will

Compassionate Care for the Dying and the Bereaved